

Leadership in Mental Health Course Frequently Asked Questions (FAQs)

For any further queries: Write to us at lmh@sangath.in

1. What are the dates and time of the Course?

Phase I (online) will run on every Friday and Saturday from 13th September to 30th November 2024, for a duration of 3 hours on each day. Phase II, residential boot camp in Goa, India will be from 26th January to 31st January, 2025. Participants are expected to arrive at the Course venue in Goa latest by the 25th of January and leave on the 1st of February 2025.

2. Where can participants of the Course stay?

The accommodation for the selected participants for Phase II is booked at [The International Centre Goa \(ICG\)](#), Dona Paula, Goa with 7 nights' stay and meals included. The check-in time will be 1.00 pm on 25th January 2025 and the check-out time will be 10.00 am on 1st February 2025.

3. Are there any scholarships/ fee waivers available for Course applicants?

Unfortunately, we are unable to offer waivers on fees or scholarships for this year.

4. When will we know the decision of the application Review Committee?

Given that we receive a large number of applications, we will ideally try and get back to you about the decision within 3 weeks of submission of your application.

5. What does the Course fees include?

- Phase I: Access to all Course sessions, access to learning platform and academic materials, including recommended readings, recordings of sessions and presentations, till February 2025.
- Phase II: Access to all Course sessions, accommodation between 25th January 2025 (check in time: 1 PM) and 1st February 2025 (check out time: 10 AM), meals, Course materials, and group leisure activities organized during the Course. Note: Fees exclude travel to and from Goa, internal travel, and any additional services ordered at the venue.

- If you are selected for Phase 3, mentoring for a year is provided to you at no extra cost.

6. What does the Course fees not cover?

Travel costs (travel to and from Goa as well as any internal travel) and any additional services ordered directly by you at the venue.

7. Where does one get access to the Course materials?

Course material will be shared through an online learning platform. You will receive an email from the organizing team with the details of the learning platform and how to access it in August 2024.

8. Does one have to go through Phase I to apply for Phase II or can I apply for Phase II directly?

The Course is designed such that all participants are required to complete Phase I to be able to attend Phase II. In the application form, you will be given three choices: (1) apply ONLY for Phase I; (2) apply for Phase I and Phase II; (3) apply only for Phase II (if you have completed Phase I of the Course in the past two years).

9. Is there a way to access a recording of sessions?

Yes, it will be made available to the participants on our online learning platform and you will have access to it from August 2024 to February 2025.

10. Who would be the speakers in the lectures?

The list of tutors for 2024-25 is yet to be finalized. The website will be updated and all selected participants will be notified once the schedule is confirmed.

Previously, our tutors have included: Vikram Patel (Harvard Medical School and Sangath), Soumitra Pathare (Centre for Mental Health Law and Policy), Charlotte Hanlon (Addis Ababa University), Gauri Divan (Sangath), Abhijit Nadkarni (London School of Hygiene and Tropical Medicine and Sangath), Tanmoy Goswami (Mental health storyteller and advocate), Felix Naughton (University of East Anglia), Ratnaboli Ray (Anjali), Doerte Bemme (King's

College London), and Prabha Chandra (National Institute of Mental Health & Neurosciences).

11. Is there any place I could read the testimonials of past alumni?

Yes, please view this video on our website:

<https://www.leadershipinmentalhealth.org/about-the-course>

12. Who all can apply for the Course?

We encourage applications from people who are committed to improving care at a population and community level and students and early-career researchers who are curious about the global mental health field.

No prior clinical or mental health experience is required to apply for the Course (You do not need to have a training in mental health to be eligible for attending the Course)

We also encourage applications from people from diverse and allied fields of health, social work, etc. as the global mental health field acknowledges the need for multidisciplinary perspectives.

People with lived experience of mental health, who are hoping to be changemakers at a systems and policy level are also welcome to apply.

13. What is the Course schedule?

The detailed Course schedule will be emailed to selected participants in August 2024.

14. What is the Course fee structure and the last date of applying for the Course?

For Indian and other low-and-middle-income country residents:

Phase I (online) fees: Rs 26,000/- (Early bird fees) | Rs 31,200/- (Regular fees)

Phase II (in-person) fees: Rs 41,000/- (Early bird fees) | Rs 49,200/- (Regular fees)

Phase I and II fees: Rs 67,000/- (Early bird fees) | Rs 80,400/- (Regular fees)

For upper-middle/high-income country residents:

Phase I (online) fees: Rs 42,000/- (Early bird fees) | Rs 50,400/- (Regular fees)

Phase II (in-person) fees: Rs 61,000/- (Early bird fees) | Rs 73,200/- (Regular fees)

Phase I and II fees: Rs 103,000/- (Early bird fees) | Rs 123,600/- (Regular fees)

Note: Early bird rates will apply only if you pay before **15th June 2024**.

We will be accepting applications on a rolling basis and encourage you to apply as soon as possible.

15. How much time will I get to make the fee payment?

Participants will be given 2 weeks to make the fee payment after an acceptance email has been sent out to them. If you face any troubles in making the payment, you can write to the team at lmh@sangath.in

16. After the training program, can one get guidance for future job prospects so that one can use this training effectively to bring some impact in the society.

If one is selected for Phase III of the Course which involves online mentoring, one can directly access advice on careers and explore options with their mentor, who will be one of the tutors/ facilitators from the Course.

We also encourage participants to network and develop relationships with various peers, tutors and the Sangath team. Previously, participants have reached out to people they have met via the Course, in their individual capacity, to get advice, collaborate and plan future projects.

17. If one wishes to cancel, then what happens?

Cancellation charges will be as follows:

Phase I - Cancellation/Deferral 30 days before the start date- Refund after deduction of 10%

Phase I - Cancellation within 30 days of the start date - No refund

Phase II - Cancellation 35 days before the start date- Refund after deduction of 25%

Phase II - Cancellation within 35 days of the start date - No refund

Deferral to next year:

The participant will have an option of deferring the admission to the next cohort. For phase I, there will be no charges for deferral. For phase II, the participant will be charged the room cancellation charges paid by Sangath to the venue at actuals.

18. What will the participants get at end of the Course?

Participants will be provided with a certificate after completion of Phase I and Phase II of the Course respectively.

19. If I apply for the Phase II of the Course, is the fees mentioned on the page website for it to be paid irrespective of clearing the Phase I of the Course or do we pay it only if we get selected after clearing the Phase I of the Course?

At the time of the application, you will be given three choices: (1) apply ONLY for Phase I; (2) apply for Phase I AND Phase II; (3) apply only for Phase II (if you have completed Phase I of the Course in the past two years).

If you are selected for Phase I, you are expected to pay (Rs. 26,000 / Rs.31,200 / Rs.42,000 / Rs.50,400, please refer to Question 14 of this document to check the bracket you fit in). If you are selected for Phase I and II, you are expected to pay the entire amount (Rs. 67,000 / Rs. 80,400 / Rs.103,000/ Rs.123,600, please refer to Question 14 of this document to check the bracket you fit in) together to confirm your seat.

20. What are the accommodations made for people with disabilities?

The team is committed to ensuring that the Course experience is smooth for everyone. Please write to us at: lmh@sangath.in for any requirements and accommodations.